

Depression – Questions by Topic (MCQ)

Q1.

Below are four evaluative statements about the cognitive behaviour therapy. Which statement is correct?

Shade **one** box only.

Cognitive behaviour therapy...

- | | |
|---|--------------------------|
| A can only be used in group situations. | <input type="checkbox"/> |
| B allows the client some control over the therapy. | <input type="checkbox"/> |
| C has many side effects. | <input type="checkbox"/> |
| D does not need a trained therapist. | <input type="checkbox"/> |

(Total 1 mark)